



May 2 - May 29, 2024

nature's source

NATURAL DISPENSARY

Bloom into Health

Celebrating Women & Wellness Essentials



health

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fast-acting herbal blend
menoEase
FEEL THE 7-DAY DIFFERENCE

Helps relieve the symptoms associated with menopause such as hot flashes, vaginal dryness, night sweats, and fatigue.

MenoEase
60 capsules

- Supports hormonal balance during menopause.
- Promotes a sense of calm and well-being.

20% OFF

Efamol[®]

Beautiful-Skin Evening Primrose Oil

- Nourishes skin for a radiant glow.
- Supports healthy skin hydration and elasticity.

15% OFF

Progressive Multivitamin Women 50+

- Tailored support for women over 50.
- Boosts energy levels and bone health.

20% OFF

Smart Solutions ActiveCollagen+ 120 capsules

- Reduces fine lines and wrinkles.
- Enhances skin hydration and elasticity.

15% OFF

Garden of Life Dr. Formulated Probiotics Once Daily

- Designed for women's digestive and immune health.
- Supports vaginal and urinary tract health.

20% OFF

Dr. Klein's Menstrual Ease 60 capsules

- Eases menstrual discomfort.
- Promotes hormonal balance and well-being.

15% OFF

Living Alchemy Women's Iron Alive 60c

- Natural iron support tailored for women's health.
- Enhances energy without constipation.

15% OFF

CanPrev Prenatal Multi 120 capsules

- Comprehensive nutritional support for expectant mothers.
- Fosters fetal development and maternal health.

20% OFF



Bone Basics 360 capsules

- Promotes strong bones and teeth using the MCHA complex.
- Supports skeletal health and joint mobility.

Ortho Iron 60 capsules

- Helps prevent iron deficiency.
- Non-constipating formula that is easier on the stomach than other iron formulas

15% OFF

North Coast Naturals Boosted Marine Collagen 250g

- Promotes healthy skin, hair, and nails.
- Supports joint health and mobility.



15% OFF

Himalaya Organic Ashwagandha 60 caplet

- Clinically-studied blend of Ashwagandha root powder and root extract
- Reduces stress and anxiety, and boosts vitality.



15% OFF



Omega-3 150 softgels

- Supports heart health and cognitive function.
- Promotes healthy skin and joints.



Omega-3 + Vitamin D 150 softgels

- Dual support for immune system and bone health.
- Aids in maintaining healthy mood and brain function.



Plant-Based Omega-3 30 softgels

- Vegetarian-friendly heart and brain support.
- Eco-conscious choice for omega-3 fatty acids.



15% OFF



BEAUTY IN FULL BLOOM

Healthy Hair

- Clinically proven to reduce hair loss and stimulate hair growth.

Collagen Beauty

- Reduces wrinkles and fine lines.

SAVE BIG



Genestra Hair, Skin & Nails 60 gummies

- Delicious way to support beauty from within.
- Strengthens hair, enhances skin clarity, and fortifies nails.



Genestra Candicin 60 capsules

- Supports a healthy gastrointestinal microbiome.
- Candicin can be used to treat H. pylori.



Great Price!

Great Price!

Genuine Health Joint Relief 60 capsules

- Eases joint pain and inflammation with using Natural Eggshell Membrane
- Supports long-term joint health.



20% OFF

Homeocan Traumacare 100g

- Effective relief for muscle and joint pain.
- Natural solution for bruises and swelling.



10% OFF

Promedics SON Formula

- Supports optimal nitrogen balance for muscle health.
- Contains the MAP Master Amino Acid Pattern®.



2 for \$99.99

Niyama Goddess Greens & SuperFoods 292g

- Nutrient-packed for radiant health and vitality.
- Supports detoxification and energy levels.



15% OFF

Iron Vegan Sprouted Protein 1kg

- Plant-based protein for muscle repair and growth.
- Easily digestible and nutrient-rich.



15% OFF

ORGANIKA®



Electrolyte Endurance 180g

- Sustains endurance and performance during long activities.
- Helps prevent dehydration and muscle cramps.

Electrolyte Recovery 180g

- Replenishes vital minerals and hydrates effectively.
- Perfect for post-workout recovery.

30% OFF



Nutrition for Optimal Wellness™

Essential Oils

- Pure and natural aromatherapy for everyday wellness.
- Versatile uses from relaxation to revitalizing spaces.



20% OFF

Heritage Store Black Castor Oil 237ml

- Supports hair growth and scalp health.
- Moisturizes skin and strengthens nails.



10% OFF

Green Beaver Mineral Sunscreen SPF 40 Sport 90ml

- Natural and safe sun protection for active lifestyles.
- Water-resistant and eco-friendly formula.



15% OFF



Protein 801-837g

- Supports muscle recovery and rebuilds muscle tissue.
- Plant-based protein with a complete amino acid profile.

Energizer 128-540g

- Boosts energy and mental focus for workouts.
- Plant-based and clean ingredients for sustained energy.

20% OFF

Andalou Naturals Hyaluronic DMAE Lift & Firm Cream 50ml

- Hydrates deeply and firms skin for a youthful appearance.
- Contains age-defying, nature-derived ingredients.



15% OFF

Kosmea Rose Hip Oil

- Revitalizes and nourishes skin with essential fatty acids.
- Promotes skin regeneration and improves scar appearance.



20% OFF

Ancient Minerals Magnesium Bath Flakes 2kg

- Relieves stress and soothes sore muscles.
- Soothes and nourishes skin



10% OFF

Bamboo Nature Baby Wet Wipes 50 count

- Gentle and safe for sensitive baby skin.
- Eco-friendly and biodegradable for peace of mind.



10% OFF

Organic traditions®



Focus Fuel 140g

- Enhances cognitive function and mental clarity.
- Organic and adaptogenic ingredients for sustained focus.

Endurance Fuel 140g

- Boosts energy and endurance with superfoods.
- Uses organic mushroom to support energy and endurance.

15% OFF

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Iced Tea 473ml

- Refreshingly natural with a unique blend of flavors.
- Perfectly balanced for hydration and enjoyment.

\$3.79 each



From The Ground Up Cauliflower Chips 100g

- A healthier snack alternative made with real cauliflower.
- Crunchy and flavorful, perfect for guilt-free snacking.



\$5.49 each

FEATURED EXPERT

Pragya Misra
Store Manager - Mississauga



Pragya completed her Bachelors in Ayurvedic Medical Science and Certified Natural Product Advisor (CNPA). She started her career as an Intern at various hospitals in India, where she learned from experienced doctors. Pragya moved to Ontario in 2009 and started working with Nature's Source to continue to share her passion for natural health.

Rise Kombucha 414ml

- Fermented tea for digestive health and vitality.
- Organic, raw, and full of probiotics.



2 for \$7.98

Rise Better Soda 355ml

- A healthier soda alternative with natural ingredients.
- Refreshing flavors without artificial sweeteners.



2 for \$5.98

Oat of the Ordinary Oatmeal 360g

- High-protein, high-fiber oatmeal for sustained energy.
- Gluten-free and filled with superfoods.



\$8.99 each

Vahdam Turmeric Ginger Herbal Tea 15 bags

- Immune-boosting and anti-inflammatory benefits.
- Warm, spicy flavor with healthful herbs.



\$6.29 each

Find your wellness with our icons



MOTHER'S DAY EVENT MAY 12-17

NATUROPATHIC MEDICINE WEEK MAY 13-18

nature's signature

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- metro Clarkson** 910 Southdown Rd. 905-822-6776
- metro Danforth** 3003 Danforth Ave. 416-691-1691
- metro Guelph** 500 Edinburgh Rd. S. 519-822-8900
- metro Milton** 1050 Kennedy Cir. 905-875-3033
- metro Newmarket** 1-16640 Yonge St. 905-853-4488
- metro Stouffville** 5612 Main St. 905-640-1777
- metro London** 395 Wellington Rd. 519-649-0020
- metro Ottawa** 613-834-6789
- metro St. Clair** 2155 St Clair Ave. W. 416-763-6789

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- metro Liberty Village** 100 Lynn Williams St. 416-535-3200
- metro Niagara Falls** 7835 McLeod Road 905-354-6788
- Mississauga** 5029 Hurontario St. 905-502-6789
- Oakville** 2391 Trafalgar Rd. 905-257-1655
- Toronto** 40 Ronson Dr. 416-242-8500
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